



Draft Briefing Paper 04-1-95

IMPLICATIONS FOR HUMAN HEALTH

Acid Deposition and Transregional Pollution

Summary of the Problem

Transregional transportation of pollution, as with acid deposition and the long-range transport of air toxic, may threaten human health directly (particularly in the respect to respiratory disorders), and indirectly through effects on terrestrial ecosystems, forests, and agriculture.

Canadian Recommendations¹

- Reduction of wet deposition level of sulphate to below 20 kilograms per hectare per year (kg/ha/yr) in the sensitive areas of the Canadian environment, in cooperation with the U.S.;
- Implementation of a national system of trading, tracking, compiling and recording sulphate emissions;
- Sufficient support for research into the effects of acidification on human health, terrestrial ecosystems, forests, agriculture, and clean transportation;
- Adoption of fuel efficiency and emission standards for mobile sources.

Acid Deposition

The burning of fossil fuels and increased production of acidifying emission from industrial sources increase the release of sulfates and nitrates into the atmosphere.²⁻⁷ In the atmosphere, sulfur dioxide may convert, with promotion by metals enriched in airborne particles, to sulfuric acid and related species. Similar effects occur with nitrogen oxides. Fine acidic particulates are composed of or carry on their surface a variety of acidic species, such as the strongly acidic sulfate form of sulfuric acid, moderately acidic ammonium bisulfate, weakly acidic ammonium, nitrogen dioxide, and nitric acid. Seasonal variation of acidic species has been observed in the most sensitive areas.⁸⁻¹⁰

The acidic particulates can be transported long distances in the air and subsequently reach the earth in rain.¹¹ In recent years, surveys of acid precipitation and acidification of soil and water in the Northern Hemisphere have shown increased acidity (or, more accurately, reduced acid neutralizing capacity) and presumably irreversible changes in pH and in metal mobilization in soils.¹² The result has been extensive changes in vegetation and small lake biota, such as forest decline and fish loss.^{6-7,12}

Acid precipitation has more obvious effects on delicate aquatic ecosystems, marine biota, and some terrestrial species of plants and trees.^{8,13} The effects of acidifying chemicals, i.e., oxides of sulphur and ozone, chlorine and nitrogen oxides, are at least additive and effective control requires attention to all sources of emissions capable of distant transport.¹⁴

Indirectly, acid precipitation may adversely affect human health if essential food chains are disrupted due to killing of aquatic life and impaired crop growth and the economic consequences are severe. Some authors have speculated that if metals are leached into groundwater at excessive concentrations, there may be toxicological implications.¹⁵⁻¹⁸ Distant migration of acid precipitation has been well documented within Canada.¹⁹⁻²¹

Although the effects of acid precipitation were once thought to be exclusively ecological and indirect rather than toxicologically significant to humans directly,²²⁻²³ newly accumulating evidence has suggested that some adverse human health effects, particularly respiratory diseases, are related to exposure acid aerosols.²⁴⁻²⁷ There is preliminary evidence in animal experiments to suggest lung injury at environmentally relevant concentrations of acidifying agents.²⁸⁻³⁰ The impact of air pollution on human health has been demonstrated.^{15,31-32} The associations of daily mortality or hospital visit/admissions or pulmonary function or aggravation of asthma and air pollution (acid haze) have been extensively studied.³³⁻⁵³ Although the findings from these epidemiological studies vary somewhat, the evidence suggests that acid haze plays an important role in adverse health consequences. Acid haze and certain varieties of cancer has also been investigated.⁵⁵ Work by Canadian, American, and Italian investigators suggests possible direct effects of industrial exposure to acidifying agents that may have counterparts in environmental exposures to acid precipitates.⁵⁵ Acidification of water may alter the bioavailability, retention and excretion of trace elements in human body.⁵⁶

Loading Capacity

The data from air and precipitation monitoring programs in North America have showed that wet sulphate deposition loadings exceeded 20 kg/ha/yr in eastern North America.⁸ The acid rain control programs in eastern Canada, under the Long Range Transport of Air Pollutants Program, have been underway for more than ten years.

The economics of controlling acid emissions are complicated and relate primarily in North America to the American and Canadian energy sectors.⁵⁷⁻⁵⁸ A major technical problem in considering control strategies for acid precipitation is the absence of a clear understanding of loading capacities, the maximum emissions an ecosystem or, in this case, an airshed can absorb before its capacity to neutralize, transform, or dilute the pollutant is exceeded. Critical loading capacities are being studied for Europe.⁵⁹ Under the UN Economic Commission for Europe Convention on Long Range Transboundary Air Pollution in an effort to set targets for reducing emissions.⁶⁰

There is no such process at work in North America. The target load (20 kg/ha/yr) of sulphate in precipitation in Canada is based on aquatic effects when established in the early 1980s. The loading capacity of North American ecosystems has not received this degree of attention, at least at official levels. There is no visible program to establish

targets for reduction of acid deposition based on established loading capacity. There is a area that requires attention urgently.

References

1. Standing Committee on Environment, Sub-Committee on Acid Rain. From Words to Action. Minutes of Proceedings and Evidence of the Standing Committee on Environment, House of Commons, Canada, Issue No.50, Dec 7, 1992.
2. Larson TV. The Influence of Chemical and Physical Forms of Ambient Air Acids on Airway Doses. *Environ Health Perspect* 1989; 79:7-13.
3. Lioy PJ, Waldman JM. Acidic Sulfate Aerosols: Characterization and Exposure. *Environ Health Perspect* 1989; 79:15-34.
4. Spengler JD, Keeler GJ, Koutrakis P, Ryan PB, Raizenne M, Franklin CA. Exposure to Acidic Aerosols. *Environ Health Perspect* 1989; 79:43-51.
5. de Leeuw FAAM, van Rheineck Leyssius HJ. Long-range Transport Modeling of Air Pollution Episodes. *Environ Health Perspect* 1989; 79:53-59.
6. Acidification Research in Sweden. Stockholm: Swedish Environmental Protection Agency, No. 9 (regular series), June 1990.
7. Crane AJ. Acid Rain. *J Roy Soc Health* 1990; 110:77-80.
8. Federal/Provincial Research and Monitoring Coordinating Committee (RMCC). The 1990 Canadian Long-Range Transport of Air Pollutants and Acid Deposition assessment Report. Part 1, Executive Summary, 1990.
9. Zeng Y, Hopke PK. Comparison of the Source Locations and Seasonal Patterns for Acidic Species in Precipitation and Ambient Particles in Southern Ontario, Canada. *Sci Total Environ* 1994; 143:245-260.
10. Mihalopoulos N, Putaud JP, Nguyen BC. Seasonal Variation of Methanesulfonic Acid in Precipitation at Amsterdam Island in the Southern Indian Ocean. *Atmos Environ* 1993; 27A:2069-2073.
11. Thurston GD, Gorczynski JE Jr, Currie JH, He D, Ito K, Hipfner J, Waldman J, Lioy PL, Lippmann M. The Nature and Origins of Acid Summer Haze Air Pollution Metropolitan Toronto, Ontario. *Environ Res* 1994; 65:254-270.
12. Berdén M, Nilsson SI, Rosén K, Tyler G. Soil Acidification: Extent, Causes, and Consequences. Solna (Sweden): National Swedish Environment Protection Board, Publication No. 3292, 1987.
13. Scott W. Acid Rain: What We Know, What We Did, What We Will Do. *Arch Environ Contam Toxicol* 1989; 18:75-82.
14. Albert RE. Risk Assessment for Acid Aerosols. *Environ Health Perspect* 1989; 79:201-202.
15. Goyer RA, Bachmann J, Clarkson TW et al. Potential Human Health Effects of Acid Rain: Report of a Workshop. *Environ Health Perspect* 1985; 60:355-368.
16. Acid Rain and Human Health. *Lancet* 1985; i:616-618.
17. Goldstein B, Reed DJ. Global Atmospheric Changes and Research Needs in Environmental Health Science. *Environ Health Perspect* 1991; 96:193-196.
18. Fitzgerald WF, Clarkson TW. Mercury and Methylmercury: Present and Future Concerns. *Environ Health Perspect* 1991; 96:159-166.
19. Stolarsky RS, Bloomfield P, McPeters RD, Herman JR. Total Ozone Trends Reduced from Nimbus 7 TOMS Data. *Geophysical Research Letters* 1991; 18:1015-1018.
20. Lindley D. CFCs Cause Part of Global Ozone Decline. *Nature* 1988; 323:293.
21. Morrison WL. Effects of Ultraviolet Radiation on the Immune System in Humans. *Photochem Photobiol* 1989; 50:515-524.
22. Franklin CA, Burnett RT, Paolini RJP, Raizenne ME. Health Risks from Acid Rain: A Canadian Perspective. *Environ Health Perspect* 1985; 63:155-168.
23. Benarde MA. Health Effects of Acid Rain: Are There Any? *J Roy Soc Health* 1987; 107:139-145.
24. U.S.EPA. An Acid Aerosols Issue Paper: Health Effects and Aerometrics. EPA Report No. EPA-600/8-88/005F. Office of Health and Environmental Assessment, Research Triangle Park, NC.
25. ATS Workshop. Health Effects of Atmospheric Acid and Their Precursor. *Am Rev Respir Dis* 1991; 144:464-467.
26. Bates DV. Health Indices of the Adverse Effects of Air Pollution: The Question of Coherence. *Environ Res* 1992; 59:336-349.
27. Lippmann M. Health Effects of Tropospheric Ozone: Implication of Recent Research Findings to Ambient Air Quality Standards. *J Expos Anal Environ Epidemiol*, 1993; 3:103-129.
28. Last JA. Global Atmospheric Change: Potential Health Effects of Acid Aerosol and Oxidant Gas Mixtures. *Environ Health Perspect* 1991; 96:151-157.
29. el-Fawal HA, Schlesinger RB. Nonspecific Airway Hyperresponsiveness Induced by Inhalation Exposure to Sulfuric Acid Aerosol: an In Vitro Assessment. *Toxicol Appl Pharmacol* 1994; 125:70-76.
30. Qu QS, Chen LC, Gordon T, Amdur M, Fine JM. Alteration of Pulmonary Macrophage Intracellular pH Regulation by Sulfuric Acid Aerosol Exposures. *Toxicol Appl Pharmacol* 1993; 121:138-143.
31. Raizenne ME, Burnett RT, Stern B, Franklin CA, Spengler JD. Acute Lung Function Responses to Ambient Acid Aerosols in Children. *Environ Health Perspect* 1989; 79:179-185.
32. Speizer FE. Studies of Acid Aerosols in Six Cities and in a New Multi-city Investigation: Design Issues. *Environ Health Perspect* 1989; 79:61-67.
33. Bates DV, Sizto R. Relationship between Air Pollutant Levels and Hospital Admission in Southern Ontario. *Can J Public Health* 1983; 74:117-122.
34. Bates DV, Sizto R. A Study of Hospital Admission and Air Pollution Levels in Southern Ontario.

- In: Schneider LT, Grant LD, Verkerk PJ. (eds.) *Aerosols: research, Risk assessment and Control Strategies*, Chelsea, MI: Lewis, 1986.
35. Bates DV, Sizto R. Air Pollution and Hospital Admissions in Southern Ontario: the acid Summer Haze Effects. *Environ Res* 1987; 43:317-331.
 36. Bates DV, Sizto R. The Ontario Air Pollution Study: Identification of the Causative Agent. *Arch Environ Health* 1989; 79:69-72.
 37. Burnett RT, Dales RE, Raizenne ME, Krewski D, Summers PW, Roberts GR, Raad-Young M, Dann T, Brooke T. Effects of Low Ambient Levels of Ozone and Sulfates on the Frequency of Respiratory Hospital Admissions to Ontario Hospitals. *Environ Res* 1994; 65:172-194.
 38. Thurston GD, Ito K, Hayes CG, Bates DV, Lippmann M. Respiratory Hospital Admissions and Summertime Haze Air Pollution in Toronto, Ontario: Consideration of the Role of Acid Aerosols. *Environ Res* 1994; 65:271-290.
 39. Stern BR, Raizenne ME, Burnett RT, Jones L, Kearney J, Frankline CA. Air Pollution and childhood Respiratory Health: Exposure to Sulfate and Ozone in 10 Canadian Rural Communities. *Environ Res* 1994; 66:125-142.
 40. Schwartz J, Slater D, Larson TV, Pierson WE, Koenig JQ. Particulate Air Pollution and Hospital Emergency Room Visits for Asthma in Seattle. *Am Rev Respir Dis* 1993; 147:826-831.
 41. Schwartz J, Dockery DW. Particulate Air Pollution and Daily Mortality in Steubenville, Ohio. *Am J Epidemiol* 1992; 135:12-25.
 42. Schwartz J, Dockery DW. Increased Mortality in Philadelphia Associated with Daily Air Pollution Concentrations. *Am Rev Respir Dis* 1992; 145:600-604.
 43. Schwartz J, Marcus A. Mortality and Air Pollution in London: A Time Series Analysis. *Am J Epidemiol* 1990; 131:185-194.
 44. Linn WS, Shamoo DA, Anderson KR, Peng RC, Avol EL, Hackney JD. Effects of Prolonged, Repeated Exposure to Ozone, Sulfuric Acid, and Their Combination in Healthy and Asthmatic Volunteers. *American Journal of Respiratory & Critical Care Medicine* 1994; 150:431-440.
 45. Koenig JQ, Dumler K, Rebolledo V, Williams PV, Pierson WE. Respiratory Effects of Inhaled Sulfuric Acid on Senior Asthmatic and Nonasthmatics. *Arch Environ Health* 1993; 48:171-175.
 46. Hoek G, Brunekreef B. Effects of Low-level Winter Air Pollution Concentration on Respiratory Health of Dutch Children. *Environ Res* 1994; 64:136-150.
 47. Ito K, Thurston GD, Hayes C, Lippmann M. Associations of London, England, Daily Mortality with Particulate Matter, Sulfur Dioxide, and Acidic aerosol Pollution. *Arch Environ Health* 1993; 48:213-220.
 48. Ponka A. Asthma and Low Level Air Pollution in Helsinki. *Arch Environ Health* 1991; 46:262-270.
 49. Kinney PL, Ozkaynak H. Associations of Daily Mortality and Air Pollution in Los Angeles County. *Environ Res* 1991; 54:99-120.
 50. Dockery DW, Schwartz J, Spengler JD. Air Pollution and Daily Mortality: Associations with Particulates and Acid aerosols. *Environ Res* 1992; 362-373.
 51. Thurston GD, Ito K, Kinney PL, Lippmann M. A Multi-year Study of Air Pollution and Respiratory Hospital admission in there New York State Metropolitan Areas: results for 1988 and 1989. *J Expos Anal Environ Epidemiol* 1992; 2:429-450.
 52. Hackney JD, Linn WS, Avol EL. Acid Fog: Effects on Respiratory Function and Symptoms in Healthy and Asthmatic Volunteers. *Environ Health Perspect* 1989; 79:159-162.
 53. Balmes JR, Fine JM, Gordon T, Sheppard D. Potential Bronchoconstrictor Stimuli in Acid Fog. *Environ Health Perspect* 1989; 79:163-166.
 54. Gorham E, Garland CF, Garland FC. Acid Haze Air Pollution and Breast and Colon Cancer Mortality in 20 Canadian Cities. *Can J Public Health* 1989; 80:96-100.
 55. Soskolne CL, Pagano G, Cipollaro M, Beaumont JJ, Giordano GG. Epidemiologic and Toxicologic Evidence for Chronic Health Effects and the Underlying Biologic Mechanisms Involved in Sublethal Exposures to Acidic Pollutants. *Arch Environ Health* 1989; 44:180-191.
 56. Bensryd I, Rylander L, Hogstendt B, Aprea P, Bratt I, Fahraeus C, Holmen A. Effect of Acid Precipitation on Retention and Excretion of Elements in Man. *Sci Total Environ* 1994; 145:81-102.
 57. Congressional Budget Office. *Curbing Acid Rain: Cost, Budget, and Coal-Market Effects*. Washington, DC: US Government Printing Office, 1986.
 58. Hoffman MR. *Chemical Pollution of the Environment: Past, Present and Future*. Ciba Found Sym 1993; 175:23-41.
 59. Coordination Centre for Effects, National Institute of Public Health and Environmental Protection of the Netherlands. *Mapping Critical Loads for Europe*. Bilthoven, Netherlands: United Nations Economic Commission for Europe Convention on Long-Range Transboundary Air Pollution, CCE Technical Report No. 1, 1991.
 60. Agren C, Elvingson P. *Critical Loads for Air Pollutants*. Report of the Third International NGO Strategy Seminar on Air Pollution, 10-12 April, 1992. Göteborg (Sweden). Göteborg: Swedish NGO Secretariat on Acid Rain, 1992.